



ADDvocacy ADHD &
Life Skills Coaching Ltd.

WORKSHOPS AND SPEAKING ENGAGEMENTS

Dalhousie University	The Benefits of ADHD Coaching	October 2012
Nova Scotia Community College	Transitioning to & Strategies for post- secondary institutions when you have challenges with ADHD/LD/Mental Health	October 2012
Nova Scotia Community College (Pictou Campus)	Professional Development Day	November 2012
Correctional Services	ADHD & How it Pertains to the Justice system	February 2013
Community Justice Society	ADHD & How it Pertains to the Youth Justice system	February 2013
Community Services	Education/Strategies on ADHD for Foster Parents/Child Protective Services	February 2013
Cobequid Educational Centre	Education/Strategies around ADHD	March 2013
Future Worx	Education/Strategies for ADHD & Entrepreneurship	March 2013
Entrepreneurs with Disability Network	Education/Strategies for ADHD & Entrepreneurship	March 2013
Literacy Nova Scotia	Presenter/Facilitator – Learner Supports Conference for Practitioners	April 2013
Schools Plus	"Out of Focus" Youth Self-awareness and Self-Advocacy workshops	May 2013
Nova Scotia Community College (Waterfront Campus)	Strategies for faculty and students	June 2013
Nova Scotia Community College (Truro Campus)	Strategies for ADHD and Mental Health in the Classroom	June 2013
Entrepreneurs with Disabilities AGM	My Lived Experience on the Journey into Entrepreneurship	June 2013
Self-Help Connection	8 week Anger Control Training Course	June 2013
TEAMWork Cooperative	Education/Strategies around ADHD in the Workplace & Entrepreneurship	August 2013

(Truro Campus)	and Chronic Pain	
Nova Scotia Community College (Waterfront & IT Campus)	Strategies for the classroom: Mental Health, ADHD, LD's and Chronic Pain	November 2013
Collaborative Partnership Network	Costs of ADHD & Co-existing Conditions to Employers	November 2013
NS Ability Employers	When to disclose ADHD and other hidden disabilities to potential employers	November 2013
NSCC Adult Learning Program	Top 10 Ways to Succeed in College with ADHD	February 2014
Employment Opportunities Partnership	Strategies for the Workplace	March 2014
Entrepreneurs with Disabilities Network	Collaborative Advancement of Student Entrepreneurship Tour	May 2014
Job Junction	ADHD in the Workplace	July 2014
Tantallon Public Library	Education and Community Resources for ADHD & Mental Health	July 2014
Lake City Employment Services	Accommodations for ADHD	August 2014
Nova Scotia Community College (IT Campus)	Top 10 Ways to Succeed in College with ADHD	September 2014
Joachim Stroink MLA	Socio-Economic Impact of ADHD on the Nova Scotia Economy	September 2014